

**PRESS RELEASE**

## **BEML CELEBRATES INTERNATIONAL YOGA DAY**

BEML LIMITED, the premier Public Sector Company under the Ministry of Defence, has celebrated International Yoga Day today the 21<sup>st</sup> June 2016 across its Complexes and Offices.

At its Corporate Office, Shri Deepak Kumar Hota, Director (HR), has inaugurated the Mass Yoga Programme organised in association with APEX, a Corporate Wing of Art of Living. Large number of Executives and Employees has voluntarily participated in the programme.



To mark the occasion, apart from Yoga exercises, an exclusive lecture session was organised to bring awareness of Yoga and its benefits for better living.

**Bangalore  
21-06-2016**

**A release by BEML LIMITED**